



12th International Trainer Seminar of the World Association for Positive Psychotherapy (WAPP)
- DETAILED PROGRAM -

Thursday, 8 September 2011

Chairs (9.00-12.30)			
Group 1: Tuğba SARI, Afrim BLYTA, Hans G. BRÄUER			
Group 2: Mechthild GESMANN, Rukiye HAYRAN, Werner GROSS			
Group 3: Ines STAMM, John OKORO, Arno REMMERS			
Time	Group	No.	Contributions
9.00-9.45	1	1	Enver CESKO: What we should focus on in self-experience sessions
	2	2	Maxim GONCHAROV: Dealing with transference and countertransference
	3	3	Gabriela HUM: Content vs. process orientation during training in psychotherapy
9.45-10.30	1	4	Gabriele EMMERICH: Self experience as a life-long process. Practice-related training of self-experience in Addis Abeba
	2	5	Emese GROSZ: Unity focalized approach in supervision
	3	6	Vladimir KARIKASH: The Supervision of the Psychotherapeutic Contact
10.30-11.00			COFFEE BREAK
11.00-11.45	1	7	Antonella Daniela MATEI: Therapeutic relationship in Positive Psychotherapy
	2	8	Pavel FROLOV: Using group-supervision in teaching 5-step-strategy
	3	9	Ivan KIRILLOV: Key conflict or/and formulations of actual, basic and internal conflicts
11.45-12.30	1	10	Gergana MOMOVA: What is allowed / not allowed in the self-experience-group?
	2	11	Nawid PESESCHKIAN: Using Handpuppets as practical tools in family-diagnostic with children and youngsters
	3	12	Rukiye HAYRAN:
12.30-14.00			LUNCH
Chairs (14.00-17.30)			
Group 1: Kateryna DOLYNSKA, Enver CESKO, François BILAND			
Group 2: Maxim GONCHAROV, Michael KATZENSTEINER, Yusuf ULAJ			
Group 3: Gabriele EMMERICH, Gabriela HUM			
Time	Group	No.	Contributions
14.00-14.45	1	13	Arno REMMERS: Difficulties and challenges I experienced in different training groups
	2	14	Stefan MENNEMEIER: In between Balint-group work and supervision offerings
	3	15	Christian HENRICH: Teaching the stages of interaction
14.45-15.30	1	16	John OKORO:
	2	17	Svetlana OTENKO: Anti-crisis solutions. Reflections on usage of PPT in personal life and practice
	3	18	Milena MANOVA: Concepts and basic conflicts in Positive Psychotherapy
15.30-16.00			COFFEE BREAK
16.00-16.45	1	19	Mechthild GESMANN: Finding of resources - the letter to the organ/symptom
	2	20	Kateryna OVCHAREK: Inspired supervision for personal style development in therapy
	3	21	Gunther HÜBNER
16.45-17.30	1	22	Ines STAMM: Self-Experience in the context of the first-interview in Positive Psychotherapy for singles
	2	23	N.N.
	3	24	Hamid PESESCHKIAN: Reflections on Nossrat Peseschkian's style of lecturing
18.00-19.30			DINNER
19.30-21.30			PLENARY Positive Psychotherapy Worldwide – Reports from Centers and Trainers



Friday, 9 September 2011

Chairs (9.00-12.30)			
Group 1: Nataliia PENKOVSKA, Manije PESECHKIAN, Vladimir KARIKASH			
Group 2: Emese GROSZ, Gergana MOMOVA, Ivan KIRILLOV			
Group 3: Kateryna OVCHAREK, Pavel FROLOV, Nawid PESECHKIAN			
Time	Group	No.	Contributions
9.00-9.45	1	25	Hans G. BRÄUER: Assessing and treating attention deficit hyperactivity disorders in children and adults using the instruments of PP
	2	26	François BILAND: Teaching/Explaining/Experiencing PP in supervision in a psychiatric clinic
	3	27	Afrim BLYTA:
9.45-10.30	1	28	Kateryna DOLYNSKA: Positum. Femininity. Happiness
	2	29	Thomas RAVE: Bridge over troubled water - Working with symbols in supervision in Positive Psychotherapy
	3	30	Yusuf ULAJ:
10.30-11.00			COFFEE BREAK
11.00-11.45	1	31	Tuğba SARI: Journey to happiness with Positive Psychotherapy
	2	32	Werner GROSS: The transition from self-experience to psychotherapy <i>or</i> When am I ready for patients?
	3	33	Elizabeth BRAND:
11.45-12.30	1	34	Tom ERBSKORN-FETTWEISS: Intercultural Training Experiences
	2	35	Svetlana PIDLYPSKA: Regulation of the balance "to love and to know" in the process of making and keeping an effective therapist-client contact
	3	36	Michael KATZENSTEINER: Supervision with the so-called family-board and visualization
12.30-13.30			LUNCH
CULTURAL PROGRAM / EXCURSION			
13.45			Walk to the bus station => departure by bus to the cultural program / excursion
14.30-15.30			Guided tour through the old city and castle of Dreieichenhein
15.30-17.30			Individual visit of the Middle Age Festival "Hayner Burgfest" at the castle Dreieichenhein
17.30			Joint dinner in Germany's oldest apple wine restaurant "Alte Burg", next to the castle (<i>for dinner we are guests of the German Association of Positive and Transcultural Psychotherapy – DGPP</i>)
19.00			Walk to the bus station => departure by bus back to the hotel
19.30-21.30			PLENARY Presentations from senior expert trainers => see actual plan in the hotel Moderation: Hamid PESECHKIAN, Arno REMMERS



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Saturday, 10 September 2011

Chairs (9.00-12.30)			
Group 1: Svetlana OTENKO, Gunther HÜBNER, Stefan MENNEMEIER			
Group 2: Milena MANOVA, Antonella Daniela MATEI, Svetlana PIDLYPSKA			
Group 3: Elizabeth BRAND, Kathrin FETTWEISS, Christian HENRICHs			
Time	Group	No.	Contributions
9.00-10.00	1	37	Uwe GILSDORF:
		38	Detlef HOVER:
		39	Friedhelm RÖDER
	2	40	Valentyna BOSKO: Application of Positive Psychotherapy for self-help in psychosomatics and in the work with incurable diseases
		41	Svetlana DIMITROVA: Case Study - How to implement the 5-step-model in psychotherapy with aggressive behaviour
		42	Evgeniya YORDANOVA-HRISTOVA: Theory of Positive Psychotherapy in training courses for adopters and foster carers
	3	43	Markos TESFAYE:
		44	Melody QU YUN:
		45	Gülşen ÖZTÜRK VARLIKLI:
10.00-11.00	1	46	Kathrin FETTWEISS: Establishment of the new Hamburg Center for Positive Psychotherapy (HCPP)
		47	Meike PUDLATZ: "Positive Stress Management" - using the balance model in learning how to cope better with stress and challenges
		48	Michaela VAN AMERONGEN:
	2	49	Yana MIZINOVA:
		50	Ekaterina DOKUNOVA:
		51	Liudmyla MOSKALENKO: Capacities as another side of the coin - how do I teach theory of Positive Psychotherapy
	3	52	Mirela SULA STRUGAJ: A presenting case - going through the balance model
		53	Valbona BEZHANI:
		54	Etleva SMAKAJ KIKA:
11.00-11.30			COFFEE BREAK
11.30-12.30	1	55	Migjen AMZAI:
		56	Jekaterina KADETOVA: The Meditation in Balance Model
		57	Elena CHEREPANOVA:
	2	58	Natalia PENKOVSKA: Balance "to-love-to know" as a factor in optimizing the formal higher education in Ukraine
		59	Svetlana BORISYUK: Investigation of the balance between "to love" and "to know" in the areas of our life
		60	
3		<i>Participants of Group 3 can go to Group 1 or 2</i>	
12.30-14.30			LUNCH BREAK
14.30-17.30			PLENARY - Presentations from senior expert trainers (with flexible coffee break) - Summary of ITS, outlook, and future planning
17.30-19.00			Recreation time
19.00-			JOINT EVENING with dinner and dancing / official closing of the ITS meeting